



## *“making disciples for Christ”...*

---

Mt. Vernon General Baptist  
1717 North Main Street Mt. Vernon, IN 47620  
Phone: 812.838.4555  
[www.mvgb.org](http://www.mvgb.org)

### **Personal Growth Plan**

biblical basis—

- Jesus was known to “teach, preach, and heal (see Matt. 4:23, 9:35 for this triad).”
- Jesus was labeled as growing in wisdom [mind] and stature [body] and favor with God [soul] (see Luke 2:52).
- Jesus affirmed Deuteronomy 6:5 in his so-called great commandment (Matthew 22:37) to “Love the Lord your God with all your heart [body], soul, and mind.”
- Therefore, you need a growth plan.

1. Books: This might also be thought of as “teach,” “wisdom,” of mind. What are your goals for the coming year in this area?

2. Body: This might also be thought of as “healing,” “stature,” or “heart.” What are your goals for the coming year in this area?

3. Bible. This might also be thought of as “preach,” “favor with God,” or “soul.” What are your goals for the coming year in this area?

4. Bonding. *This is an implied extra area of importance. You need to grow in “favor with” other people. You need to “love your neighbor as yourself (see Luke 2:52 and Matthew 22:39). Your family and friends are a very important part of what make you, YOU. When in the next year will you show your social group you appreciate them? When will you plan family vacation? Go ahead and block out times you will strengthen the bond of important relationships. If you don’t block out the time now, other things will squeeze it out. There’s never a good time to take a vacation, so plan it!*